TRIPARTITE INTERACTIONS AMONG FUNGI, BACTERIA AND THE MAMMALIAN HOST

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SUMMARY

Fungal infections are difficult diseases to manage in humans. Developing antifungal drugs is an exceptionally challenging task due to the close evolutionary relationship between fungi and humans, making it hard to find fungalspecific inhibitors without toxicity to humans. Optimal implementation of antifungal treatments will require improved understanding of not only antifungal resistance mechanisms, but also of the tripartite interactions between fungi, bacteria and the mammalian host. We emphasized in this review how the definition of the mechanisms behind this tripartite interaction may provide us with an understanding of multi-kingdom community processes that allows for the development of novel therapeutic approaches for human fungal diseases.

INTRODUCTION

Some fungi cause diseases in healthy people, but most fungal infections occur in individuals already experiencing serious illness, such as cancer, solid organ and hematopoietic stem cell transplantation, intensive care and recently COVID-19 (Brown et al., 2012). Among the estimated 1.5-5.0 million fungal species on planet Earth (O'Brien et al., 2005) only several hundred cause disease in humans, and very few are able to affect healthy people. Animals coevolved with fungi, and the sophisticated and potent human immune system arose from the constant challenge posed by the microbial world. Fungal pathogens likely adapted their pathogenic repertoire to other animal prey - mammals, insects, and even unicellular amoebae - before encountering and attacking humans (Casadevall, 2012). For a fungus, parasitizing a human is a demanding strategy that demands,

among others, to withstand the human immune system. Although not unique among infectious agents, fungi possess complex and unusual relationships with the vertebrate immune system, partly due to some prominent features (see below).

Developing antifungal drugs is an exceptionally challenging task due to the close evolutionary relationship between fungi and humans, making it hard to find fungal-specific inhibitors without toxicity to humans. Only a few antifungal drugs have been approved in the past few decades (McCarty and Pappas, 2021). Although these drugs are effectively used for current treatments, there are some drawbacks to prolonged usage, including the emergence of multi-drug resistant species of Candida auris (Forsberg et al., 2019) and the increased incidence of voriconazole-resistant Aspergillus fumigatus

isolates (van der Linden et al., 2013). This underscores the need for new approaches in the management of fungal diseases. A renewed focus on repurposing of drugs used for other diseases provides a promising approach for antifungal drug discovery because their pharmacodynamic, pharmacokinetic, and toxicity profiles are well established (Bouz and Dolezal, 2021). In addition, alternative therapies, such as immune cell therapies, vaccines, and monoclonal antibodies, have shown potential in animal models, although these are not yet available for clinical use (Bernardes and Hohl, 2020). Optimal implementation of antifungal treatments will require improved understanding of not only target and drug efflux-based antifungal resistance mechanisms, but of the tripartite interactions between fungi, bacteria and the mammalian host. Despite the abundance of bacterial-fungal interactions in nature and the clinical environment, very little is known about the molecular mechanisms underlying these interactions and their importance to human health. Unravelling the mechanisms that microorganisms use in a competitive, polymicrobial environment would not only deepen our understanding of microbial pathogenesis but may also provide important insights into novel pathways that are amenable for the development of new antimicrobial drugs. History has demonstrated the power of understanding such interactions, with the identification of penicillin being the consequence of a bacterialfungal interactions on a contaminated agar plate.

BACTERIAL-FUNGAL INTERACTIONS IN THE GASTROINTESTINAL TRACT

Fungi and bacteria coexist creating complex communities that are important in agriculture and human health. Bacteria comprise more than 90% of the human microbiome, most belonging to four phyla: Firmicutes, Bacteroidetes, Actinobacteria, and Proteobacteria (Oin et al., 2010). The human microbiome also harbours other microbes such as fungi, accounting for ~ 0.1% of the human gut microbiome by shotgun sequencing, viruses (bacteriophages), archaea, and protozoans, collectively making a median 1.5×10^{11} cell counts per gram of faecal material. The study of the gut mycobiota from healthy stool identified Ascomycota and Basidiomycota as the most abundant taxa, and Saccharomyces, Candida, Malassezia and Cladosporium as the dominant genera (Nash et al., 2017). Of interest, the most abundant genera of fungi in the guts of mice were also those present in humans (Dollive et al., 2013). A number of studies have indicated that the gut mycobiome (Wang et al., 2023) and its interactions with bacterial species (Santus et al., 2021) influence gut homeostasis and are relevant to human health. Indeed, beneficial interactions between bacteria and fungi are continuously being explored as potential probiotic interventions for intestinal disease. Candida albicans is a member of the intestinal microbiota in the majority of the human population. This underscores C. albicans' adaptation to life in the intestine without inducing competitive interactions with other microbes or immune responses detrimental to its survival. Specific conditions such as a dysbalanced microbiome, a suppression of the immune system, and an impaired intestinal barrier can predispose for invasive, mostly nosocomial C. albicans infections. Colonization of the intestine and translocation through the intestinal barrier are fundamental

aspects of the processes preceding lifethreatening systemic candidiasis. However, protective effects have also been described, including the ability of this commensal to orchestrate the usage of multiple receptor-signalling pathways in dendritic cells, ultimately affecting antifungal resistance and tolerance (see below) (Romani et al., 2002; Romani, 2011). Interestingly, C. albicans also demonstrates probiotic properties by enhancing the growth of two strictly anaerobic commensal bacteria, Bacteroides fragilis and *Bacteroides* vulgatus, likely via aerobic respiration and/or antioxidant production (Valentine et al., 2019). As a matter of fact, the administration of antifungal drugs exacerbated colitis (Wheeler et al., 2016) while C. albicans affects the recolonization of the cecum by the microbiota in mice treated with antibiotics (Mason et al., 2012; Erb Downward et al., 2013). Although antibiotic-treated C. albicans-colonized mice showed reduced expression of specific immune response genes it is also likely that fungal yeasts directly interact with bacteria. The yeast Saccharomyces boulardii has indeed been extensively studied as a potential probiotic due to its protective effect against various bacterial gastrointestinal pathogens, including Clostridiodes difficile, Helicobacter pylori, Vibrio cholerae. Salmonella enterica serovar Typhimurium, Shigella flexneri, and Escherichia coli (Ansari et al., 2023).

Fungus-bacterium interactions are however bidirectional with a variety of reciprocal interactions encompassing antagonistic and pathogenetic interactions in addition to beneficial ones (*Nogueira* et al., 2019; *Santus* et al., 2021; *Zhang* et al., 2022). For instance, the abundance of fungi is regulated by gut bacteria. Firmicutes and Bacteroidetes restrict colonization of *C. albicans* in the mouse gut by activating transcription factor HIF-1 α in intestinal cells. which causes an increase in the antimicrobial peptide LL-37 (Fan et al., 2015). C. albicans and lactic acid bacteria (LAB) have the same metabolic niches throughout the gastrointestinal tract. Dysbiosis of C. albicans causes altered levels of LAB, especially Lactobacillus spp. and *Enterococcus* spp. Lactobacilli inhibit C. albicans, while Enterococcus faecalis and C. albicans are mutualistic (Zeise et al., 2021). In an in vitro gut model, L. rhamnosus modified the metabolic environment, altering the expression of virulence-related genes and reducing C. albicans induced epithelial damage (Graf et al., 2019; Alonso-Roman et al., 2022). Moreover, probiotics strains, such as L. acidophilus, L. reuteri, L. casei GG, and Bifidobacte*rium* spp., have shown efficacy in limiting the severity of C. albicans infections in both immunocompromised and germfree mice (Wagner et al., 1997) and inhibiting the in vitro formation of polymicrobial biofilms (Hager et al., 2019). Furthermore, metabolites produced by a consortium of bacterial species derived from healthy human faecal samples effectively inhibited the growth of C. albicans in liquid culture. Species of Roseburia and Bacteroides ovatus were directly responsible for these antifungal effects (Garcia et al., 2017).

Alternatively, interactions between fungi and bacteria have the potential to enhance microbial pathogenesis. For instance, both *C. albicans* and *S. cerevisiae* enhance the pathogenicity of the opportunistic pathogen *Acinetobacter baumannii* by producing ethanol (*Smith* et al., 2004) or the quorum-sensing molecule farnesol (*Peleg* et al., 2008). *C. albicans* allows the growth of strict anaerobes, including *C. difficile*, both in vivo (*Panpetch* et al., 2019) and in vitro (*van Leeuwen* et al., 2016), under aerobic conditions due to the rapid reduction of dissolved oxygen in the vicinity of

the yeast (Lambooij et al., 2017) and C. difficile inhibited C. albicans hyphal growth through the secretion of the small molecule p-cresol (van Leeuwen et al., 2016). However, another study found that prior colonization of mice with C. albicans protected mice from C. difficile infection (Markey et al., 2018), a finding implicating the effects of Can*dida* colonization on mucosal immune homeostasis. Finally, while Enterobacteriaceae were required for C. albicansof mediated enhancement colitis (Sovran et al., 2018), likely due to the ability of enterohemorrhagic E. coli to enhance C. albicans epithelial invasion vitro (Yang et al., 2016), S. marcescens employed a type VI secretion system to deliver antifungal toxins to kill C. albicans (Trunk et al., 2018) and S. typhimurium employed a type III secretion system to block hyphal formation (Kim and Mylonakis, 2011). Thus, these few examples highlight the complex nature of fungal-bacterial interactions in the mammalian gut, and the broad impact of fungi on bacterial species within microbiomes (Pierce et al., 2021). The spectrum of findings points to new possibilities and challenges in addressing the global spread of drug-resistant fungal pathogens and the diminishing pipelines of effective antifungal drugs (Chow et al., 2023). Ultimately, the crucial role of the fungal-bacterial interactions across habitats and ecosystems is well established (Deveau et al., 2018; Steffan et al., 2020).

TRIPARTITE INTERACTIONS: FUNGI, BACTERIA AND THE MAMMALIAN HOST

Like other microorganisms, fungi interact with the immune system at mucosal surfaces in ways that are important both for host defence and for regulating the immune system (Underhill and Iliev, 2014). As said, fungi possess complex and unusual relationships with the vertebrate immune system, including their ability to exist in different forms and to reversibly switch from one to the other in infection. Examples are the dimorphic fungi (H. capsulatum, P. brasiliensis, C. immitis, and B. dermatitidis) which transform from saprobic filamentous molds to unicellular yeasts in the host, the filamentous fungi (such as Aspergillus spp.) that, inhaled as unicellular conidia, may transform into a multicellular mycelium, and some species of Candida, capable of growing in different forms such as yeasts, blastospores, pseudohyphae and hyphae. This implicates the existence of a multitude of recognition and effector mechanisms to oppose fungal infectivity at the different body sites. For commensals, two

prominent features are important. The highly effective strategies of immune evasion have evolved to enable survival in the host environment and the prolonged antigenic stimulation of the host can have profound immunoregulatory consequences. Thus, in the context of the antagonistic relationships that characterize the host-pathogen interactions, the strategies used by the host to limit fungal infectivity are necessarily disparate and, in retaliation, fungi have developed their own elaborate tactics to evade or overcome these defences (Romani, 2004, 2011). This may have resulted in an expanded repertoire of cross-regulatory and overlapping antifungal host responses. Indeed, through the involvement of different pattern recognition receptors, cells of the innate immune system not only discriminate between the different forms of fungi, but also contribute to resistance and tolerance to fungi at the level of the adaptive T helper immunity (Romani, 2004, 2011; Underhill and Iliev, 2014). Resistance is

the ability of the host to reduce the success of infection or to increase the rate of clearance of the pathogens. Tolerance is the ability to reduce the detrimental effects of the pathogens on the performances of the hosts, either directly or by limiting immunopathological mechanisms. Infectivity diminishes naturally among resistant hosts but not necessarily among tolerant ones, as these harbour the pathogen with no or moderate loss in performance. Resistance and tolerance are associated with fitness costs, which arise from the diversion of limiting resources away from biological processes related to performance. The host organism is a complex mosaic of cell populations that requires adequate supplies of nutrients for maintenance, growth and proliferation. Because many nutrient requirements may be shared by host cells, pathogens and indigenous microbiota, all these cells may potentially compete for growth-limiting resources.

THE SHARING OF TRYPTOPHAN METABOLISM

Amino acid metabolic pathways are crucial regulators of immunity from plants (Zeier, 2013) to mammals (Grohmann and Bronte, 2010). Amino acids serve as the building blocks of proteins, so their importance in immune activity requiring cell division, cytokine and chemokine production and other de novo protein synthesis requirements is self-evident. In addition to this process, some amino acids, or their downstream metabolites, have been implicated as anti-microbial agents. Tryptophan (Trp) is a central hub for host/microbial information processing. Trp is an essential amino acid for humans and must be obtained from the diet. Besides being involved in protein synthesis, Trp is a versatile precursor and can be metabolized by both host and microbial enzymes to generate a variety of molecules involved in different fundamental processes (Borghi et al., 2020; Grifka-Walk et al., 2021; Li et al., 2022; Seo and Kwon, 2023). Three pathways have gained considerable interest for their role at the interface between the host, the microbiome and pathogens. These pathways include the host kynurenine and serotonin pathways and the microbial indole pathway (Seo and Kwon, 2023). The host kynurenine pathway and the microbial indole pathway, con-

verge on a central xenobiotic receptor, the Aryl Hydrocarbon Receptor (AhR), a critical regulator at the host/microbe interface (Zelante et al., 2013; Metidji et al., 2018; Dong and Perdew, 2020; Stockinger et al., 2021). The kynurenine pathway accounts for ~95% of overall Trp degradation and the first and ratelimiting step is mediated by indoleamine 2, 3-dioxygenase (IDO)1, along with IDO2 (a paralogue of IDO1) and the tryptophan 2,3-dioxygenase, TDO2, resulting the formation in of kynurenine. The kynurenine pathway, and IDO1 in particular, has been associated with the promotion of tolerance in different inflammatory conditions (Cervenka et al., 2017). For instance, the Trp metabolic pathway crucially provides immune homeostasis in fungal infections by taming heightened inflammatory responses and inducing immune and tissue tolerance, an activity to which the host, fungi and the microbiota cooperatively contributed (Romani et al., 2015). These results provide proof-of concept demonstration of the druggability of host metabolic pathways for antifungal tolerance defences. The serotonin pathway also influences the interactions between host and microbes. For instance, commensal bacteria regulate the synthesis of serotonin by the host

(Yano et al., 2015), and serotonin may modulate the composition of the gut microbiome (Stasi et al., 2019). The third important pathway is represented by the indole pathway whereby different species of bacteria produce indole compounds via the major metabolic pathways involving the activity of: i) tryptophanase generating indole, ii) aromatic amino acid aminotransferase generating indole-3-acetaldehyde and indole-3aldehyde (3-IAld) and iii) tryptophan deaminase generating indole-3-pyruvic acid (Morgan et al., 2023). Indoles are very attractive molecules as they have been shown to augment health span across a broad range of evolutionarily diverse species from different phyla, to control bacterial fitness, including antibiotic resistance and strengthening of the epithelial barrier function (Wikoff et al., 2009; Venkatesh et al., 2014; Lee et al., 2015; Dodd et al., 2017; Roager and Licht 2018; Hendrikx and Schnabl 2019; Ornelas et al., 2022). Microbiotaderived indoles are ligands of AhR, thus suggesting that the host AhR has evolved to sense and respond to the presence of the microbiota resulting in maintenance of homeostasis. In addition to its function as xenobiotic receptor, AhR has been implicated in a wide range of physiological activities, including the bidirectional communication with the microbiome for modulating host immunity, tolerance and metabolism (Zelante et al., 2013; Metidji et al., 2018; Stockinger et al., 2021; Nieves et al., 2022).

Our group has previously identified a microbial pathway of Trp utilization

that regulates Candida commensalism and mucosal homeostasis in the gut (Zelante et al., 2013; Roager and Licht 2018; Puccetti et al., 2023). Indeed, the commensal L. reuteri, by switching to Trp as energy source, produces 3-IAld via the aromatic amino acid aminotransferase pathway. 3-IAld, in turn, by working as a ligand of AhR, stimulated innate lymphoid cells to release IL-22 that efficiently controlled C. albicans colonization by promoting epithelial integrity and the release of antimicrobial peptides. The scenario emerging from these findings appear to trace the dichotomy of resistance versus tolerance back to the different pathways of Trp utilization. Indeed, the microbial AhR-IL-22 axis appear to promote resistance by means of primitive antifungal defence mechanisms that include the homeostatic maintenance of the triad microbiota, epithelium and immune system. In contrast, the host IDO1 pathway emerges as a functional specialization of antifungal tolerance mechanisms that evolved to facilitate the establishment of a fungal microbiome. It should also be noted that although the IDO1 product kynurenine and the microbial product 3-IAld are both ligands of AhR, the outcome may be different because AhR activation results in a variety of effects that depend, among others, on the ligand itself. Therefore, the IDO1 pathway and the microbial Trp metabolic pathway, although intersecting at a common node, may underlie distinct functional activities in the resistance vs tolerance antifungal response.

CONCLUSIONS

Fungi serve as a biological scaffold for bacterial attachment. Consequences of these interactions are not just limited to the respective microorganisms, but also have major impacts in the immune system resulting in a network of bidirectional interactions that operates across the health and disease spectrum (Figure 1). It is clear that individual microbes have important effects on the host, and



Figure 1: Schematic representation of the bidirectional network among the microbiome, the mycobiome and the immune system. The figure was made on BioRender.

that a balance of the microbiota is necessary for homeostasis. Examining the mechanisms behind the fungi/bacteria balance will provide us with an understanding of multi-kingdom community processes that allows for the development of disease-specific therapeutic approaches in different ecological settings. In so doing, we have discovered that harnessing of the AhR/IDO1 pathway may represent a much-needed strategy for improving and preventing the burden of human fungal diseases. By shifting the current view of pathogenesis from pathogen- to host-oriented views, we provided proof-of-concept evidence of the feasibility of therapeutic approaches to reduce infectious disease burden by targeting host and microbialderived immunometabolic checkpoints leading to tolerance. The druggability of this pathway with microbial metabolites to promote homeostasis and microbial symbiosis at mucosal surfaces is becoming a reality.

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